

**TOTALSPORTS**  
**TWO OCEANS MARATHON 2026**  
**ROAD CLOSURES AND RESTRICTIONS**  
**11 APRIL 2026**



ULTRA MARATHON ROAD CLOSURES & RESTRICTIONS	
ROAD	CLOSURE TIMES
Chapmans Peak Drive	Friday 10 April : 18H00 Saturday 11 April : 12h00
<b>SATURDAY 11 APRIL 2026</b>	
Main Road Newlands Between Klipper Road & Letterstead Road	03h30 - 06h00
Main Road: Newlands to Claremont Between Letterstedt Road and Protea Road	03h30 - 06h15
Main Road: Claremont to Wynberg From Protea Road to Piers Road	04h45 - 06h15
Main Road: Wynberg to Diep River From Piers Road to De Waal Road/Kendal Road	05h00 - 06h45
Main Road: Diep River to Retreat From De Waal Road/Kendal Road to Tokai Road	05h00 - 07h15
Main Road: Retreat to Steenberg Tokai Road to Steenberg Road	05h30 - 07h45
Main Road: Steenberg to Muizenberg Steenberg Road to Atlantic Road – Southbound lane use Westlake Avenue and Boyes Drive	05h30 - 08h00
Main Road: Muizenberg to Boyes Dr Local access only between Muizenberg (Atlantic Road) and Kalk Bay (Clairvaux Road). Motorists travelling south and north will be diverted over Ou Kaapse Weg. Traffic travelling to and from Kommetjie/Simonstown Roads through Fish Hoek will be diverted via Beach Road.	05h45 - 08h30
Main Road: Boyes Dr to Fish Hoek Local access only between Muizenberg (Atlantic Road) and Kalk Bay (Clairvaux Road). Motorists travelling south and north will be diverted over Ou Kaapse Weg. Traffic travelling to and from Kommetjie/Simonstown Roads through Fish Hoek will be diverted via Beach Road.	05h45 - 08h45
Kommetjie Road: Fish Hoek From Main Road to Corsair Way, Sun Valley, motorists to share westbound (direction Kommetjie) lane. Runners use eastbound lane. Drive with caution.	06h00 - 09h15
Corsair Way: Sun Valley Kommetjie Road to Frigate Crescent. Both lanes closed.	06h15 - 09h15
Frigate Crescent: Sun Valley Corsair Way to Dory Walk	06h15 - 09h30
Dory Walk: Sun Valley Frigate Crescent to Chebec Crescent	06h15 - 09h30
Chebec Crescent: Sun Valley Dory Walk to Dhow Street	06h15 - 09h30
Ou Kaapse Weg Remains open in both directions, Expect Delays – Stop/Go control at Noordhoek Main Road.	06h15 - 09h30
Noordhoek Main Road Local access only. Northbound lane closed. Traffic to share southbound lane. Drive slowly with caution.	06h15 - 09h45
Silvermine Road From Village Lane to Noordhoek Main Road	06h15 - 09h45
Hout Bay Main Road From Chapman's Peak Drive to Victoria Road Circle Traffic coming into Hout Bay will be detoured away from Victoria Road Circle to Valley and then Disa River Roads. Runners will be in the southbound lane (direction Noordhoek).	06h45 - 11h00
Hout Bay Road From Victoria Road Circle to Disa River Road Totally closed to traffic.	07h00 - 11h15
Hout Bay Road From Disa River Road to Constantia Nek A convoy system for motorists will operate under the direction of the traffic department. Runners will be in eastbound lane (direction Constantia Nek) i.e. their left.	07h00 - 12h00
Rhodes Drive Constantia Nek to Canterbury Road Circle Both directions closed to traffic.	07h30 - 12h30
M3 – Union Avenue Rhodes Drive/Newlands Avenue to UCT Left lane will be coned off for athletes, right lane will remain open at all times for motorists travelling towards Cape Town. Please drive cautiously. Please note: Rhodes Memorial will be accessible to the public.	07h00 - 13h30
Princess Anne Avenue Access to and from M3 Northbound closed. Please note: Rhodes Memorial will be accessible to the public.	07h00 - 13h30

***Spectators to please obey all officials and marshals and be aware of traffic when supporting the runners. Do not stand in roadways where vehicles are travelling or impede runners.***

Traffic proceeding to the City from the False Bay areas should either travel before 05h30, after 08h45 or use Ou Kaapse Weg, which will have a Stop/Go control for both vehicles and runners between 06h15 and 09h00.

Residents in the following areas are requested not to park along the route, and to use alternative side streets for the duration of the race:

- Main Road from Newlands to Muizenberg.
- Main Road from Atlantic Road, Muizenberg through St James and Kalk Bay until the police station just past Clovelly Road in Fish Hoek.
- Kommetjie Road from 17th Avenue through to the Fish Hoek Circle at Main Road. (Runners will be running towards Sun Valley facing the traffic within one lane, which will be coned off).

Detours:

- Traffic wishing to travel from or to Hout Bay via Constantia Nek will be diverted via Valley Road and Disa River Road.
- A Stop/Go system will operate on Hout Bay Main Road between Disa River Road and Constantia Nek.

Please note that the M3 Northbound Carriageway right lane between Rhodes Drive and UCT will remain open to traffic for the duration of the event.

Delays can be expected for the duration of the Totalsports Two Oceans Marathon. We appeal to motorists to avoid using roads leading to the race route. Please comply with the directions given by traffic officers and marshals. Road signs will be in place during the week prior to the race, advising motorists of the road closures.